

BREAKFAST MENU

TOAST BASKET GF VE V 2.95

White or brown toast with your choice of marmalade, strawberry jam or Nutella

FRUIT LOAF V 3.25

Two slices of sweet bread with butter & strawberry jam

GRANOLA V 4.95

Layered Greek yoghurt, granola, dried fruits, and honey

OMELETTE V 8.50

Three egg omelette filled with your choice of:

- Goat's cheese, mushroom, spinach
- Chorizo, peppers, tomato

EGGS BENEDICT V GF

Poached eggs served on an English muffin topped with hollandaise sauce

- Spinach 6.25
- Ham 8.25
- Royale (smoked salmon) 8.75
- Chorizo & avocado 8.25
- Avocado & tomato 7.95

AVOCADO & POACHED EGGS V GF 9.95

Crushed avocado with fresh tomato, two free-range poached eggs served on sourdough toast

BUTTERMILK PANCAKES V 8.00

Two stacked pancakes topped with your choice of:

- Greek yoghurt, honey & berry compote
- Nutella
- Streaky bacon & maple syrup add 2.00

BREAKFAST BRIOCHE 7.50

Pork and leek sausage, grilled back bacon, and fried egg served in a toasted brioche bun

juices & health drinks

FROBISHERS JUICES 2.95

Orange / Cloudy Apple / Pineapple / Cranberry / Mango

MOJU VITAMIN SHOTS 2.75

Vitamin D / Ginger / Turmeric / Vitamin C

SMOOTHIES 4.50
Berry Go Round

Blackberries, raspberries and strawberries

Broccoli & The Beast

Broccoli, celery, spinach, mango, pineapple and banana

Big 5

Strawberry, mango, kiwi and pineapple

Pash 'N' Shoot

Passion fruit, mango and pineapple

Smoothie of the month

Please ask your server

AVENUE BREAKFAST 11.95

Two free-range eggs, two grilled rashers of bacon, pork and leek sausage, portobello flat mushroom, half a grilled confit tomato, Heinz Baked Beans and toast

LIGHT BREAKFAST 9.50

One free-range egg, grilled rasher of bacon, pork and leek sausage, Heinz Baked Beans and toast

GARDEN BREAKFAST V GF 11.95

Two free-range eggs, vegan sausage, crushed avocado, half grilled confit tomato, portobello mushroom, Heinz Baked Beans and toast

AMERICAN BREAKFAST 11.00

Two free-range fried eggs, two rashers of streaky bacon, pork and leek sausage, and buttermilk pancake topped with a knob of butter and maple syrup

THE PLANT BREAKFAST VE GF 11.95

Two vegan sausages, crushed avocado, whole grilled confit tomato, portobello mushroom, Heinz Baked Beans and toast

coffee & teas

Americano | Hot water topped with espresso **2.60**

Cappuccino | Espresso topped with foamed milk **2.75**

Flat White | Micro-foam poured over a double espresso **2.95**

Latte | Espresso topped with steamed milk **2.75**

Espresso **2.00**

Double Espresso **2.50**

Mocha | Espresso topped with hot chocolate **3.15**

Hot Chocolate with marshmallows **2.95**

FRAPPÉ 3.50

Greek iced coffee drink blended to produce a tasty, foamy drink. Made with Espresso and your choice of syrup

Decaffeinated available for all coffees

Supplement charges: soya, almond milk, oat milk, large cappuccino or flat white* **0.30

Syrups available: vanilla, caramel and sugar-free hazelnut **0.50**

TETLEY TEAS (POT FOR ONE) 2.75

- English Breakfast

- Decaffeinated

- Green Tea

- Mint Infusion

- Lemon & Ginger

GF - Gluten Free option available

V - Vegetarian

VE - Vegan option available

If you require information regarding the presence of allergens in any of our food and drink, please ask your server, who will be happy to provide this information. While a dish may not contain a specific allergen, foods may be at risk of contamination by other ingredients due to the wide range of ingredients in our kitchen.